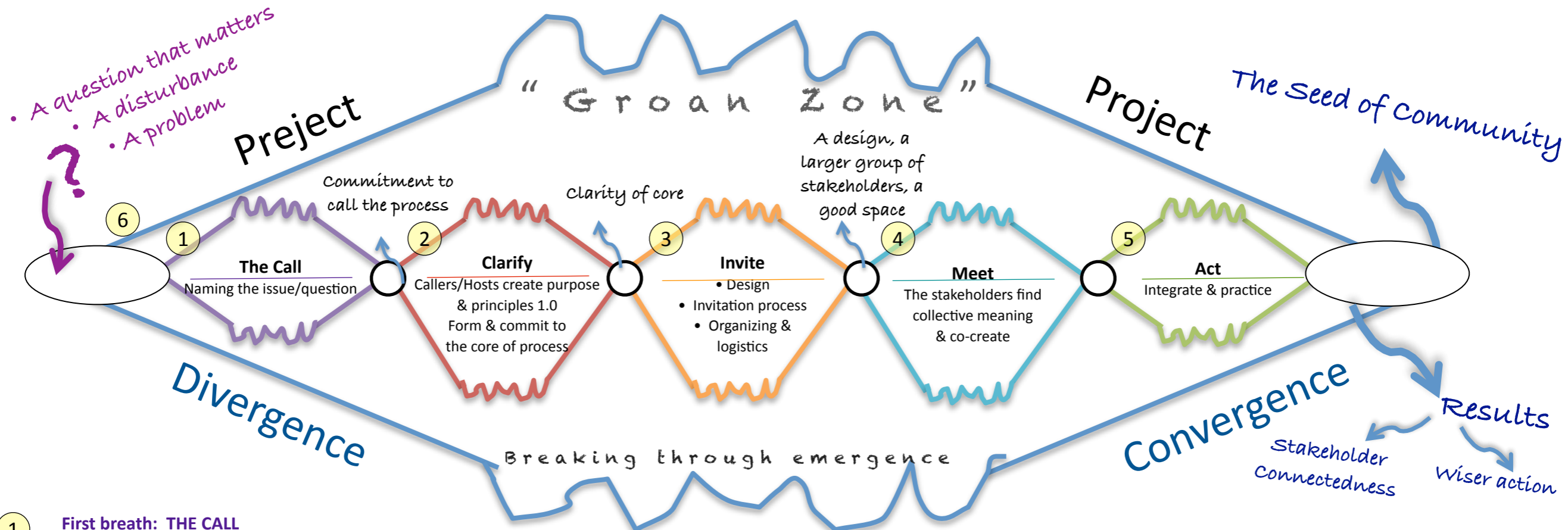


The 6 Breaths of Process Architecture



1

First breath: THE CALL

- Name the issue: calling the core question -- birth of the callers. We have noticed that there is always a 'caller', a person who deeply holds a question, a problem, a challenge. Sometimes there are several callers. The callers are the ones who invite the host(s) to help them.
- Wise action: Focus the chaos of holding the collective uncertainty and fear -- step into the centre of the disturbance
- Don't move too fast
- Question: What is really at stake here? What if some of us worked together to surface the real question and need that matters to the community?

When the caller has committed to call the process, we go to the next phase.

2

Second breath: CLARIFY

- Creating the ground: The callers and hosts work to create collective clarity of purpose and the first articulation of principles
- Wise action: engagement
- Don't make assumptions
- Question: How to get from need to purpose? What is our purpose? How to see and feed the group value?

This phase is over once the core of clarity has emerged.

3

Third breath: INVITE

- Giving form and structure: design and invitation process
- Wise action: keep checking to be sure your design and invitation serve the purpose
- Don't make your design too complex (match it to the purpose)
- Question: Who are the stakeholders? How do we invite people to participate in a

4

Fourth breath: MEET ...

- Meeting: Conversation
- Wise action: our role is to host the group, the purpose, the questions
- Don't go alone
- Question: How can I best serve as the instrument/container to allow collective wisdom to emerge?

...and make meaning together. When the meeting is done, the group of stakeholders find collective meaning and start to co-create. This is where the harvest is important -- to capture key messages and insights and make sense of them.

5

Fifth breath: ACT

- Practice: Perform the wise actions decided on during the conversation. Follow up, continue learning and leading from the field
- Wise action: always come back to purpose
- Don't lose sight of the purpose of it won't be embodied
- Question: How do we sustain the self-organisation?

Here the seed of community is born, and the results are a connectedness between the stakeholders and wiser actions. From here the next calling question arises...

6

Sixth breath: **HOLDING THE WHOLE:** holding the story of the unfolding progress, tending to the core team and the heartbeat of the sacred purpose underneath all the activities